

Prepper Supplies List

Supply List · 35 items · 8 sections

The complete prepper and survival supplies list covering long-term food and water storage, off-grid power, medical preparedness, and bug-out essentials.

Open the editable version online:

<https://genechecklist.com/checklist/prepper-supplies-list>

WATER

- Water storage barrels (55-gallon drums)
HIGH
- Water filtration system (gravity filter or reverse osmosis)
HIGH
- Water purification tablets (large supply)
HIGH
- Portable water filter (e.g. Sawyer Squeeze)
HIGH
- Rain collection system (if legally permitted)

FOOD

- 1-year food supply (freeze-dried and canned, rotating)
HIGH
Aim for 2,000+ calories per person per day
- Seed vault (non-hybrid, heirloom vegetable seeds)
HIGH
For long-term self-sufficiency: grow your own food
- Manual grain mill (for grinding stored wheat)
- Camp stove and large fuel supply
HIGH
- Pressure canner and jars (for home food preservation)

POWER AND ENERGY

- Generator (dual-fuel petrol/propane)
HIGH
- Solar panel array + battery bank
HIGH

HIGH

Off-grid power for extended outages

- Lithium power station (portable, e.g. EcoFlow)

HIGH

- Fuel storage cans + fuel stabiliser

HIGH

- Faraday cage / EMP bag (for electronics)

Protects electronics from electromagnetic pulse events

MEDICAL

- Comprehensive first aid kit (trauma level)

HIGH

- Tourniquets (CAT or SOFTT-W)

HIGH

- Chest seals and haemostatic gauze

HIGH

- Prescription medications (6-month supply)

HIGH

- Antibiotics (fish-grade, for SHTF scenarios only)

Consult a doctor; this is a last-resort measure only

- Wilderness first aid manual

HIGH

COMMUNICATION

- Ham radio (handheld and base station)

HIGH

Gets a licence (easy and cheap) before you need it

- Satellite communicator (e.g. Garmin inReach)

HIGH

- Battery-powered shortwave radio

- Walkie-talkies (family communication)

BUG-OUT ESSENTIALS

- Bug-out bag (72-hour survival kit)

HIGH

One per family member, pre-packed and ready to go

- Fire starting kit (lighters, ferro rod, dry tinder)

HIGH

- Fixed blade survival knife

HIGH

- Topographic maps of your area (laminated)

HIGH

- Compass

HIGH

TOOLS

- Multi-tool (Leatherman or similar)

HIGH

- Axe and hatchet

HIGH

- Hand tools (saw, shovel, mattock)

HIGH

FINANCIAL

- Cash (small denominations, stored safely)

HIGH

When digital payments fail, cash is king

- Copies of important documents (waterproof container)

HIGH