

Incontinence Supplies List

Supply List · 19 items · 6 sections

A complete incontinence supplies list covering containment products, skin protection, odour control, and washable alternatives for home management.

Open the editable, AI-powered version online:

<https://genechecklist.com/checklist/incontinence-supplies-list>

CONTAINMENT PRODUCTS

- Incontinence pads (light to heavy absorbency)

HIGH

Match absorbency level to need: do not overshoot

- Pull-up pants / incontinence briefs

HIGH

- Belted undergarments (for heavy leakage)
- Male guards (for male light incontinence)

BED AND CHAIR PROTECTION

- Disposable bed pads (underpads)

HIGH

- Waterproof mattress protector (washable)

HIGH

- Reusable washable bed pad

More economical and eco-friendly long-term

- Chair and sofa protector (waterproof)

SKIN CARE

- pH-balanced skin cleanser (no-rinse)

HIGH

Regular soap strips the skin and worsens irritation

- Skin barrier cream / zinc cream

HIGH

Apply at every change to protect against rash

- Moisture barrier spray or wipe

HYGIENE

- Flushable wet wipes (fragrance-free)

HIGH

- Disposable gloves (for carers)

HIGH

- Disposable aprons (for carers)

ODOUR CONTROL

- Scented nappy bags / disposal bags

HIGH

- Odour eliminator spray (room / fabric)

OUT AND ABOUT

- Waterproof bag (for soiled products when out)

HIGH

- Discreet carry bag or pouch

- RADAR key (for disabled toilets in UK)

One key opens over 9,000 accessible toilets across the UK