

Home Care Supplies for Elderly

Supply List · 27 items · 6 sections

Everything elderly people and their caregivers need to support safe, independent daily living at home, from bathroom safety aids to adaptive kitchen tools.

Open the editable, AI-powered version online:

<https://genechecklist.com/checklist/home-care-supplies-for-elderly>

BATHROOM SAFETY

- Non-slip bath mat
HIGH
- Grab rails / handrails (bath, toilet, shower)
HIGH
- Shower chair or bath seat
HIGH
- Raised toilet seat with handles
HIGH
- Long-handled bath brush or sponge
Reduces bending and reaching
- Handheld shower head
- Liquid soap dispenser (pump, no bar soap)

BEDROOM SAFETY

- Bed rails (adjustable, safety-certified)
HIGH
- Waterproof mattress protector
HIGH
- Bed wedge cushion (for positioning)
- Nightlight or motion-sensor lighting
HIGH
Reduces fall risk during night-time trips to the bathroom
- Over-bed table / bed tray

HOME SAFETY

- Stair rail / staircase handrail
HIGH
- Non-slip floor mats (doorways and hallway)
HIGH
- Door lever handles (replacing round knobs)
- Personal emergency alarm or panic button
HIGH

KITCHEN AIDS

- Easy-open jar and bottle opener
HIGH
- Lightweight kettle or kettle tipper
HIGH
Full kettles are very heavy
- Non-slip plate mat / suction dish
- Angled or large-handle cutlery set
For those with arthritis or limited grip
- Dysphagia cup or drinking aid

DAILY LIVING

- Dressing aids (button hook, sock aid)
- Long-handled shoe horn
- Reaching / grabber tool
HIGH
Prevents dangerous bending and reaching
- Large-button or big-display phone
HIGH
- Magnifying glass for reading

MEDICATION

- Weekly pill organiser
HIGH