

Deep Cleaning Checklist

Checklist · 29 items · 6 sections

Get every corner spotless with this room-by-room deep clean checklist: appliances pulled out, fixtures scrubbed, baseboards wiped. For lighter routine work see the House Cleaning Checklist; once a year graduate to the Spring Cleaning Checklist. The Move-Out Cleaning Checklist covers the same depth focused on deposit recovery.

Open the editable, AI-powered version online:

<https://genechecklist.com/checklist/deep-cleaning-checklist>

KITCHEN

- Clean inside oven with oven cleaner
HIGH
- Degrease range hood and filters
HIGH
- Empty, wipe and organize refrigerator
HIGH
- Clean freezer: defrost if needed
- Clean dishwasher filter and run cleaning cycle
- Scrub sink and sanitize drain
HIGH
- Wipe inside all cabinets and drawers
- Clean behind and under appliances
- Descale kettle and coffee maker

BATHROOM

- Scrub toilet inside and out
HIGH
- Scrub shower walls, tub and door
HIGH
- Descale showerhead and taps
HIGH
- Scrub grout lines
HIGH

- Clean inside medicine cabinet
- Wash shower curtain and liner

BEDROOMS

- Vacuum and flip all mattresses
HIGH
- Wash all pillows, duvets and mattress covers
HIGH
- Wipe down all furniture surfaces
- Clean under beds (vacuum and mop)

LIVING ROOM

- Vacuum sofas and cushions thoroughly
HIGH
- Dust and wipe all shelves and surfaces
- Clean TV screen with microfiber cloth

WHOLE HOUSE

- Wash windows inside and out
HIGH
- Dust ceiling fans, vents and light fixtures
- Clean light switches and door handles
- Vacuum and mop all hard floors
HIGH
- Shampoo or steam clean carpets and rugs
HIGH

LAUNDRY

- Clean washing machine drum and seals
- Clean dryer lint trap and vent
HIGH